![psychotherapy.net logo]

Video Platform User Guide:
for Universities and Organizations

Contents

Discovering Videos

Learning Centers: Our Learning Centers provide a filtered approach to locating titles and are found in the top navigation bar. These include By Approach, By Therapeutic Issue, By Expert, By Population, and All Titles.

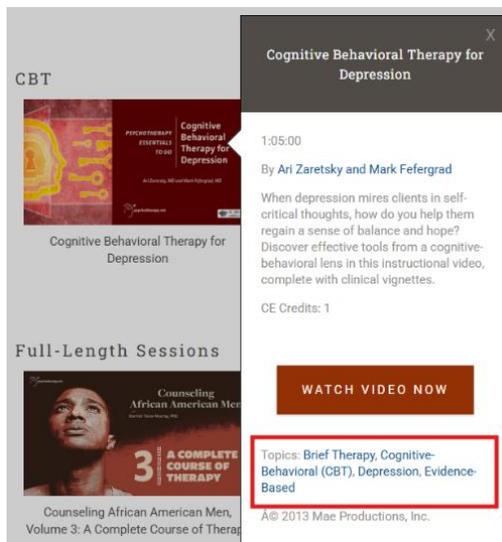- Hover over the *Videos* button to view the Learning Centers

Keyword Search: When logged into your own account, you can also search available videos within your video library.

- Enter your title or keyword(s) in the search field located at the top right corner of the page

Topics: Each video within one's video library includes a section called "Topics" and includes all the topics the video addresses. These topics are hyperlinked to a page that displays other video titles with the same topics
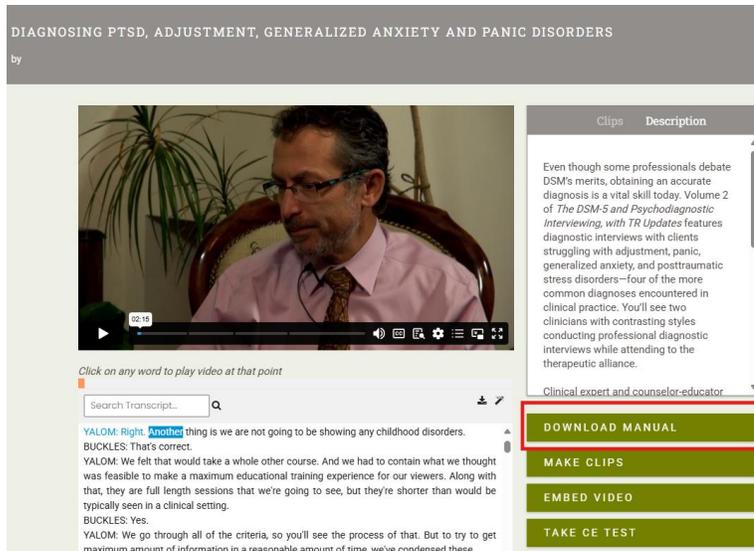
- In your video library, hover on title image to see "play" and "i" icons

- Click on the "i" icon. A pop-up window will display more information about the video. At the bottom of this window is a "Topics:" section

Downloading an Instructor's Manual

Many Psychotherapy.net videos include a downloadable Instructor's Manual. They can include the video's transcript, exercises to use in your course, discussion questions, reaction-and-response papers, and more.

- Click on the green *Download Manual* button located next to the transcript
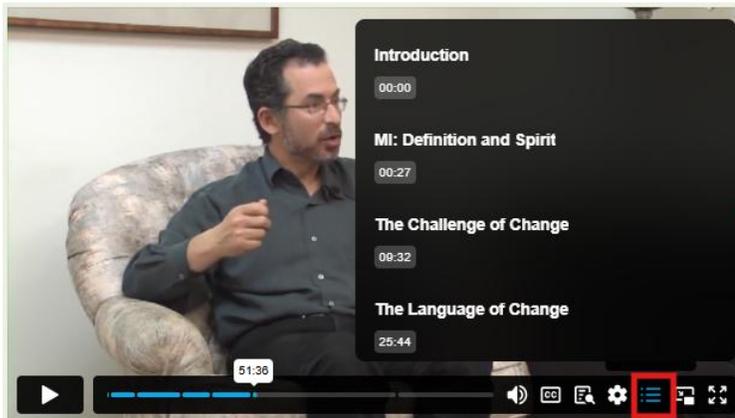- The Instructor's Manual will download as a .pdf file

Identifying and Navigating Chapters in the Video

There are two ways to identify and navigate a video's chapters. When a video has chapters, there will be a list icon and segments along the play bar.
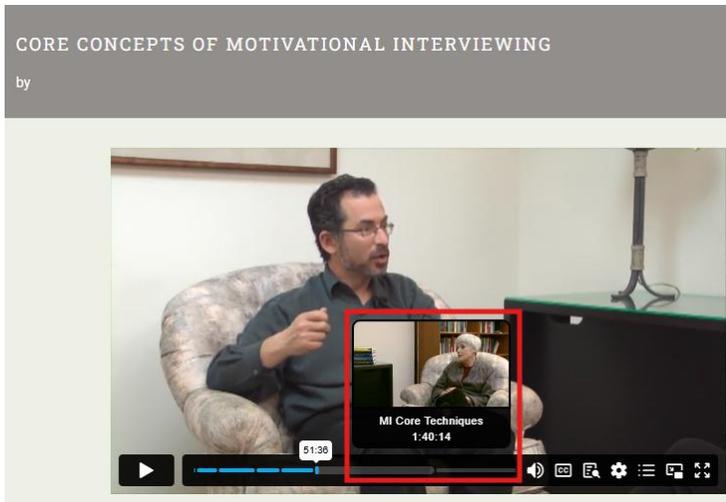
List Icon

- Click on the list icon to reveal the available chapters
- Select a chapter title to take you to the specific chapter

Segments Along the Play Bar

- Hover over a segment to reveal the chapter name
- Click on the segment to take you to the specific chapter

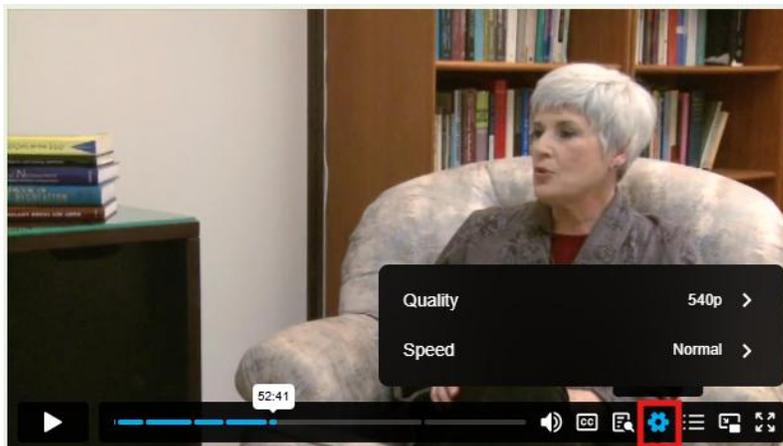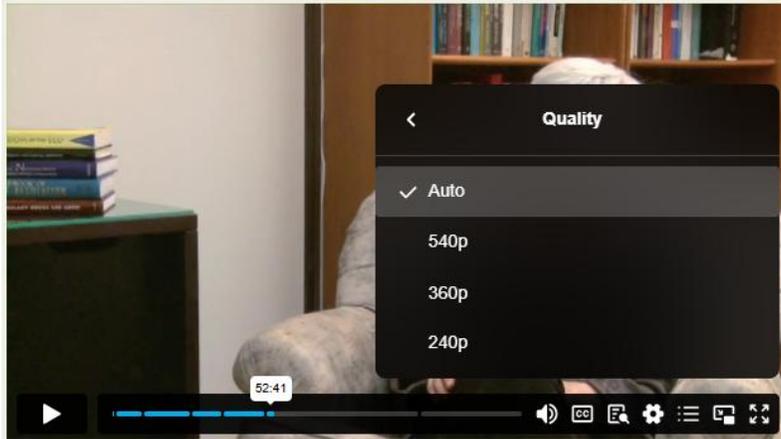CORE CONCEPTS OF MOTIVATIONAL INTERVIEWING
by

Adjusting the Speed and Quality of a Video's Playback

Our video platform allows users to adjust the video speed and quality, which is particularly useful when confronted with limited bandwidth or internet instability.
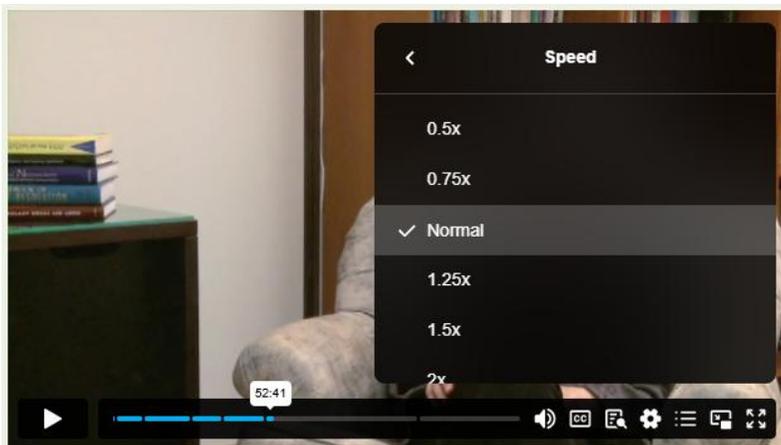
The default setting for all videos is *Auto* – meaning that our platform will assess your connection and automatically select a resolution that offers you the best playback.

- To adjust the speed or quality of the video playback, click on the Gear icon in the play bar
- Select either *Quality* or *Speed* to choose your desired setting

If you have an unstable internet connection or experiencing buffering delay, select a lower resolution to mitigate playback issues. To ensure you're viewing a video at its best available resolution, choose a higher setting.

Choose a faster or slower setting to adjust the playback speed.

Closed Captioning

Psychotherapy.net streaming videos have closed captions.

To turn on this feature, wait until the video has begun (following the 5 second introduction with the Psychotherapy.net logo):

- Click on the CC icon in the bottom right corner of the video player.
- Select *English CC*
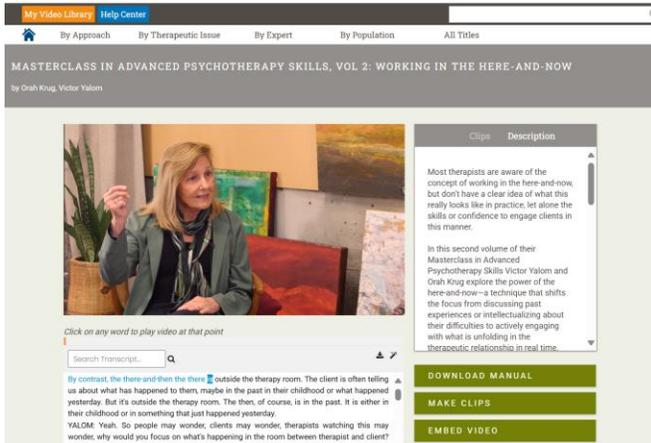
To turn off closed captions:

- Click on the CC icon in the bottom right corner of the video player
- Select *Off*

Viewing Options in the Video Player

Standard

The standard view of our videos appears embedded in the video platform.

Full Screen

Full-screen mode is available and supports learning formats. In the classroom or other group settings, it allows for easier viewing. It also supports visual accessibility by enlarging content and reducing on-screen clutter.

- Click on the Full-screen icon on the video play bar.

- To exit full-screen mode click the *Esc* button on your keyboard or the *Exit full-screen* icon at the bottom of the screen.
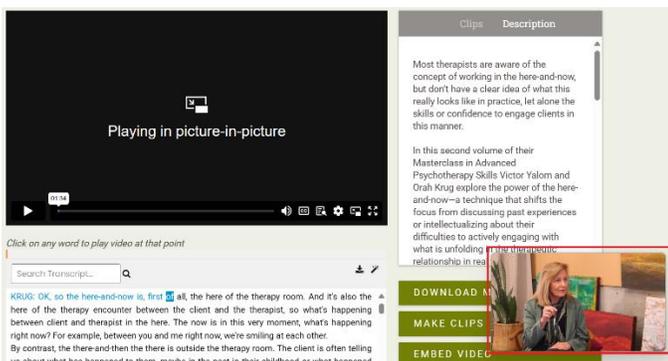

Picture-in-Picture

Using the Picture-in-Picture feature in our video player makes it easy to present or demonstrate while keeping the video visible—perfect for guiding students through content in real time. It also supports different learning needs by letting users keep the video in view while taking notes, adjusting settings, or accessing related resources.
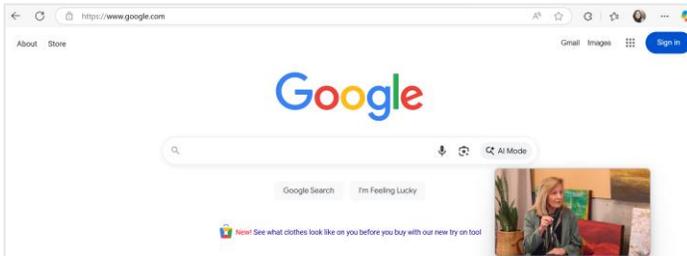
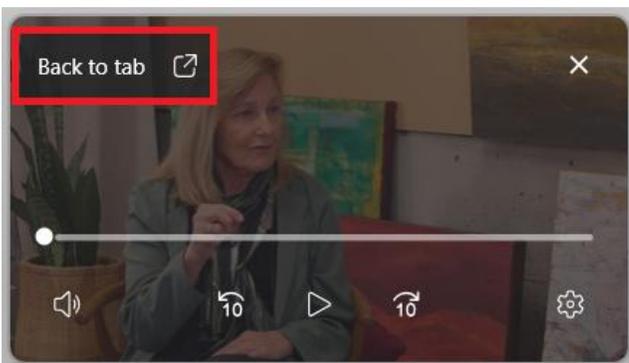- Click on the Picture-in-Picture icon on the video play bar.

The video will appear in the bottom right of your screen.

When you open another application (e.g. web browser tab, document, etc.) the video will remain on screen.

- To return to the original view in your Psychotherapy.net video library, hover over the video and click *Back to tab*.
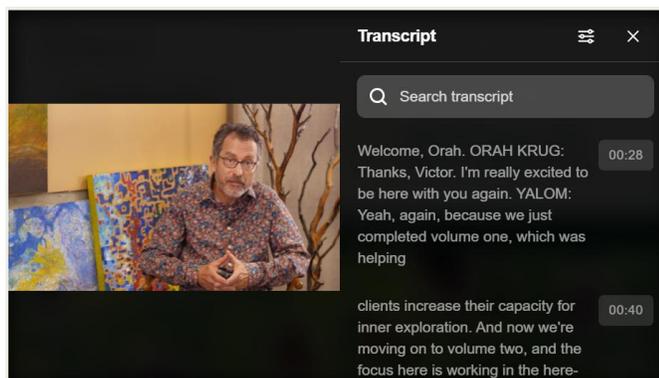
Working with our Interactive Video Transcripts

Psychotherapy.net video library includes two formats for viewing and navigating our transcripts:

- **Transcript Panel** – Appears to the right of the video during playback
- **Full Transcript View** – Displayed below the video
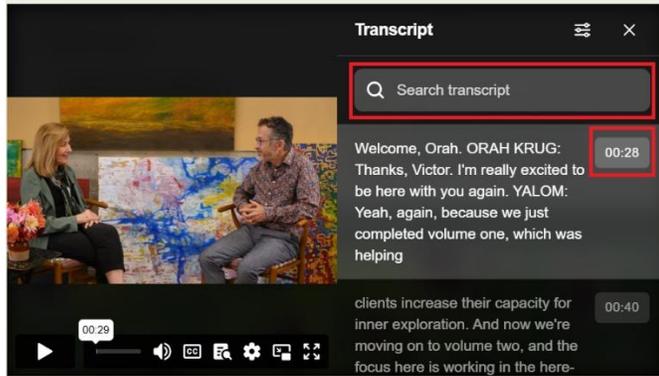
Features of the Transcript Panel

Our video player provides an automatically generated transcript that can be viewed in a panel alongside the video. These can heighten the learning process by making it easier to follow along in real time and quickly jump to specific points.

- Click on the Transcript icon in the bottom right corner of the video player. The transcript will populate alongside the video.
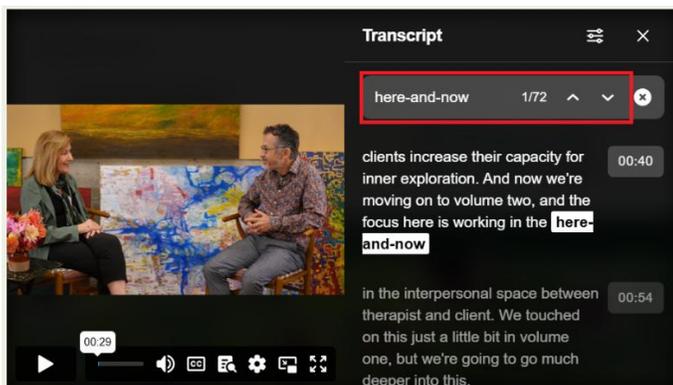

Searching the Transcript

There are two ways to search within the Video Transcript: (1) using the *Search Transcript* field, and (2) clicking on a time stamp.
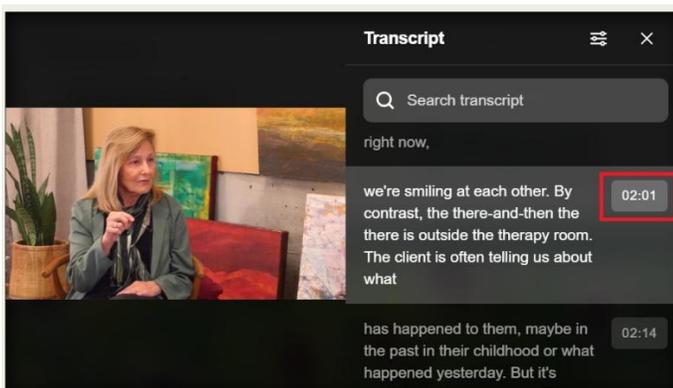
Using the Search Transcript field

- Type the word or term you'd like to locate in the *Search Transcript* field.
- The number of instances identified appears alongside the word or term. You can click through these using the up or down arrows.
- The results will also appear highlighted throughout the transcript. When you click on the highlighted results, the video will start from that location.

Clicking on a Time Stamp

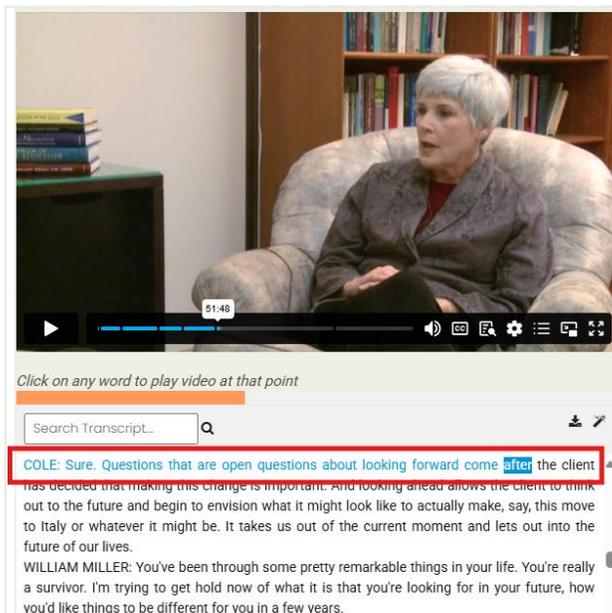- Click on a time stamp to jump to a particular section of the video.

Features of the Full Transcript View

Our video platform also offers a full, synchronized transcript for most of our titles. As a video plays, the entire transcript is displayed below the video. This format is great for scanning, searching, and creating clips from the transcript.

Track: This feature highlights the words as they are spoken.

Navigate: The words in the transcript are clickable and allow you to move to that point in the video.
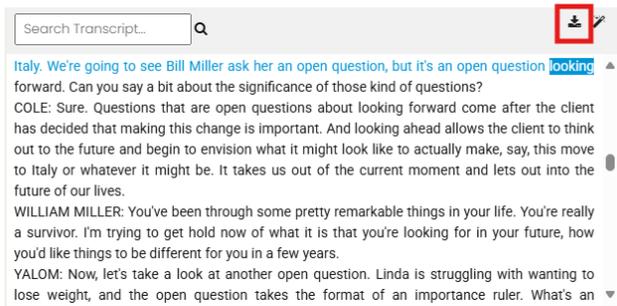

Search: Our transcripts are searchable by keyword. Type the word or term you'd like to locate in the *Search Transcript* field, and the results will appear highlighted throughout the transcript. When you click on the highlighted results, the video will start from that location.

Downloading a Transcript from Full Transcript View

At any point you can download a video's transcript within the Full Transcript View.
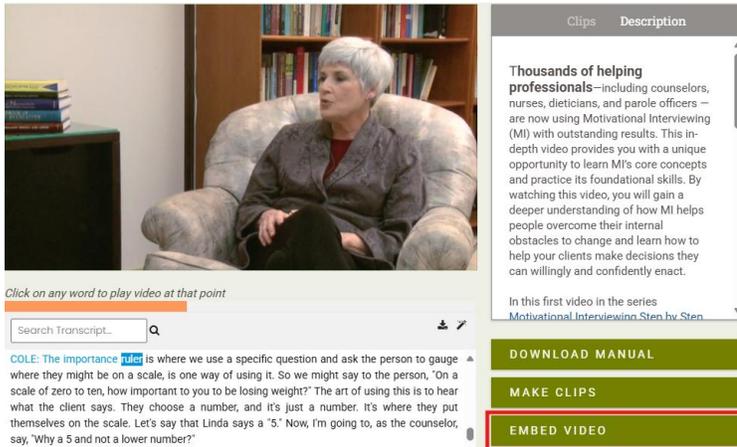
- Click on the *Download* icon located in the top right corner of the transcript box.
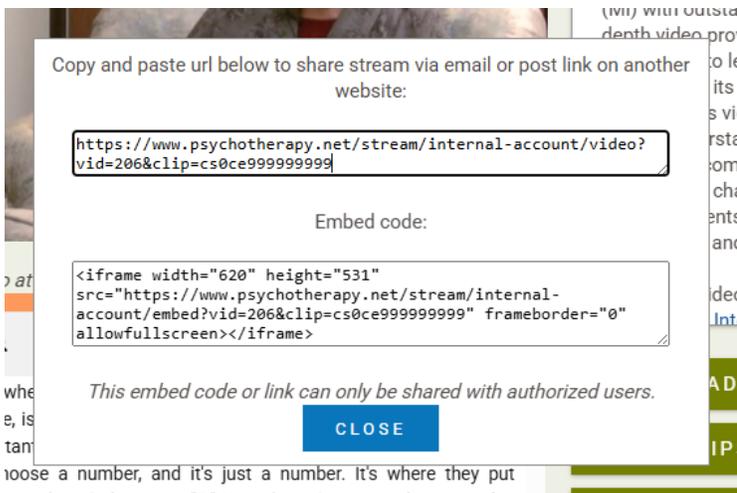- The Video Transcript will download as a .pdf file

Sharing and Embedding a Full Video

Our video platform allows users to quickly and easily share the full video by embedding it into a course learning management system (LMS).

- Play the video and click on the green *EMBED VIDEO* button.

- A pop-up window appears containing a URL and embed code. You can share the URL (permalink) with authorized users to allow them direct access to the video, or the embed code can be pasted into your course LMS.
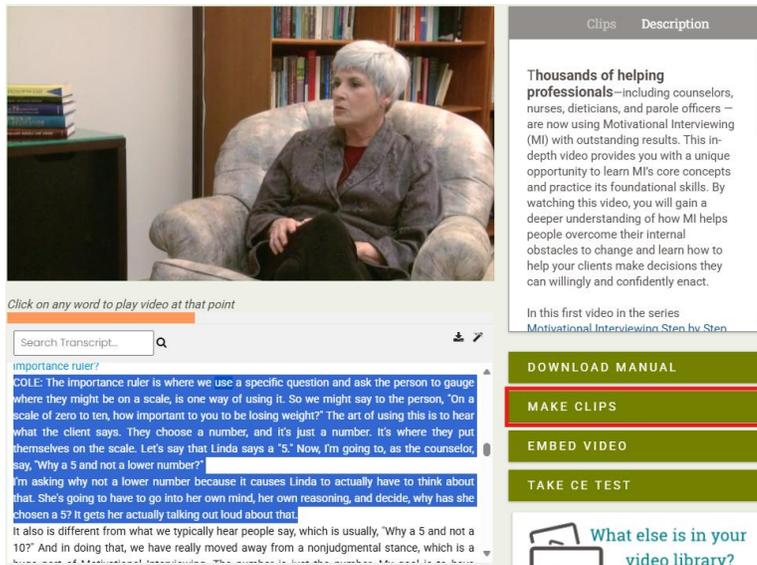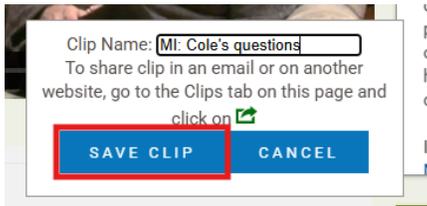

Creating and Embedding a Video Clip

Our video platform includes an easy-to-use clip making feature allowing faculty and students to generate unique clips of any length for most videos in our library.
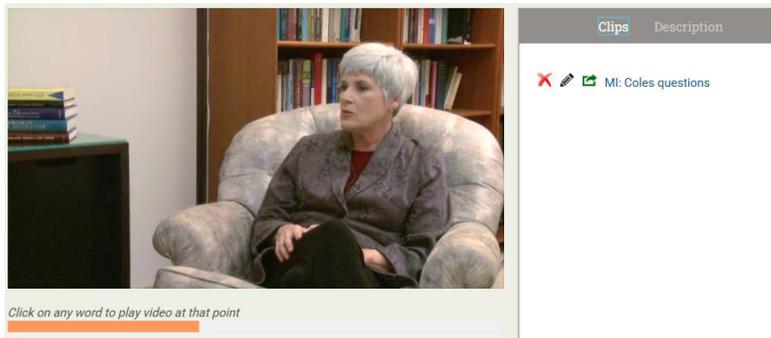
Creating a Video Clip

- Pause the video where you wish to start the clip.
- Select and drag your cursor in the transcript for the content you intend to clip.
- Click the green *MAKE CLIPS* button.

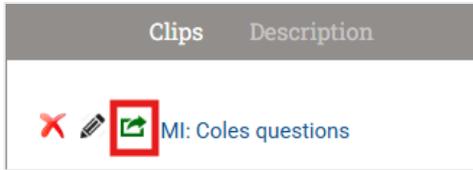- In the pop-up window, name the clip and click *SAVE CLIP*.

- It will automatically save in the Clips tab in the *Clips / Description* box to the right of the video.
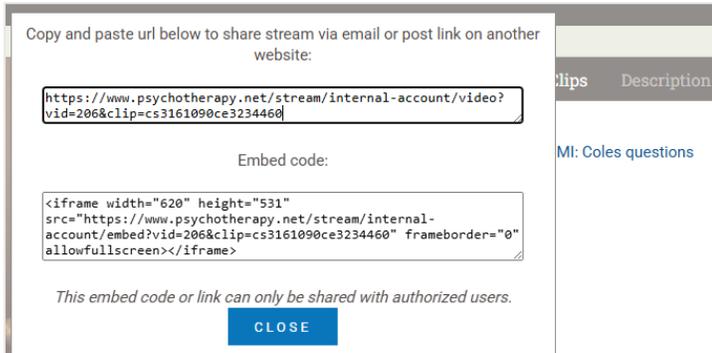

Embedding a Video Clip

- Share the clip by clicking on the green arrow. (You can also delete the clip by clicking the red 'X' or edit the clip name by clicking the pencil icon.)
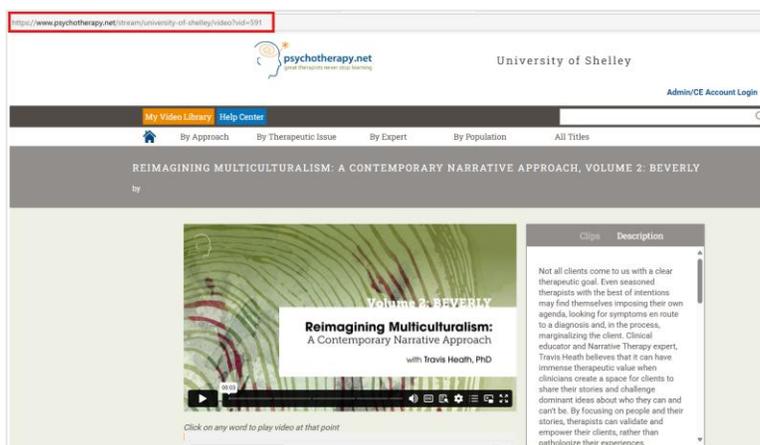
- A pop-up window appears containing a URL and Embed Code. You can share the URL (permalink) with faculty and students to directly link to any customized clip in your collection. The Embed Code allows you to add the clip to your course LMS.
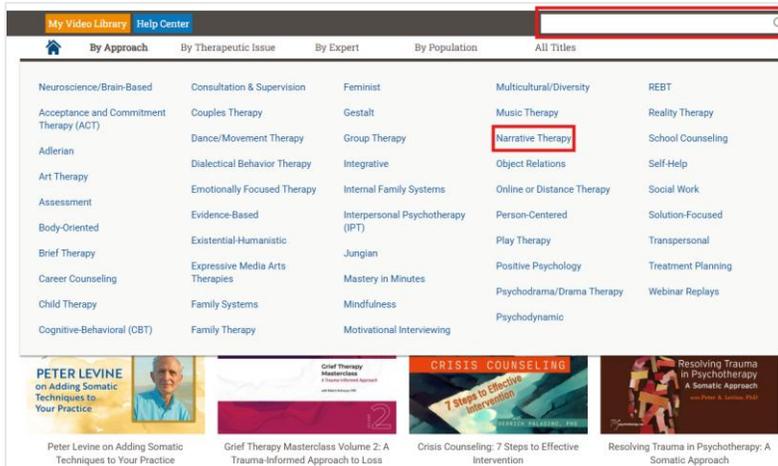

Locating Direct Links to Share

All videos in your video library have a unique URL that may be shared with other users for direct access. You can choose to share a single video or a group of videos.
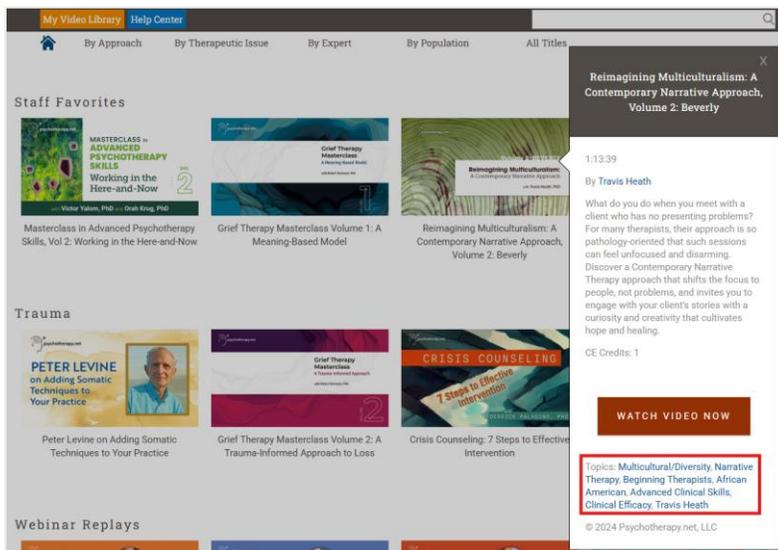
- After selecting a single video title, navigate to the address bar. Copy the URL to share with other users.

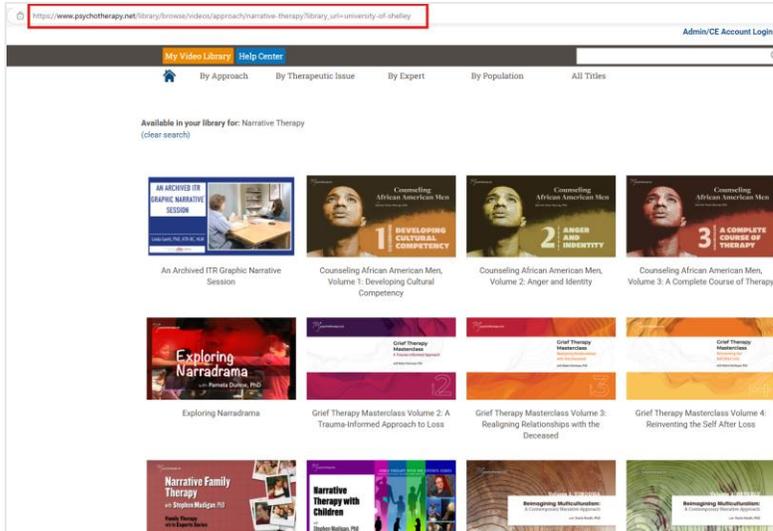- To access and share videos in specific content area, begin by selecting a Learning Center or use the Search bar to enter a keyword to locate the videos.

15

- You can also search using the Topics associated with a particular title.

- The URL in the address can be shared to directly access the group of titles. You can share this with students and faculty who have access to your video library.

Identifying and Creating a Direct Link Using the Video ID Number

Identifying a Video ID Number

- Our collections' title lists include each video's ID number. You can download these lists from our website at www.psychotherapy.net/collections.

- In the example below, note the location of the ID# column.

Psychotherapy.net Video Streaming

Full Collection

List of Videos as of 5/16/25; Collection will grow as new titles are added

Note: Video series are listed first, followed by single titles.

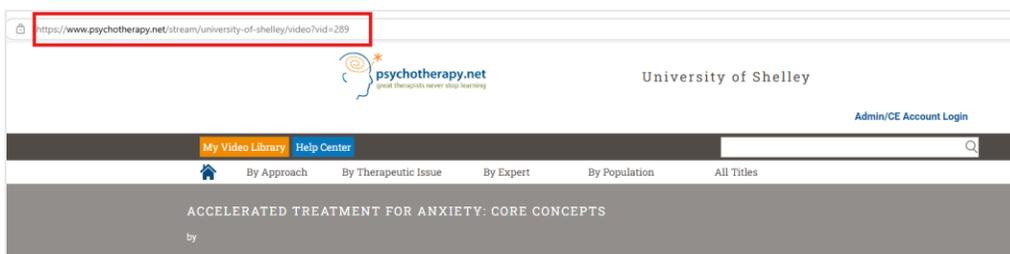| Series Name	Name	Therapist	Time (hh:mm	ID#
3 Approaches to Personality Disorders	CBT for Personality Disorders	Arthur Freeman, EdD	2:46	293
3 Approaches to Personality Disorders	Dialectical Behavior Therapy	Marsha Linehan, PhD	1:48	225
3 Approaches to Personality Disorders	Psychoanalytic Psychotherapy	Otto Kernberg, MD	4:16	264
Accelerated Treatment for Anxiety, Panic and Phobias	Accelerated Treatment for Anxiety: Core Concepts	Reid Wilson, PhD	1:41	289
Accelerated Treatment for Anxiety, Panic and Phobias	Cognitive Therapy for Panic Disorder	Reid Wilson, PhD	1:08	226
Accelerated Treatment for Anxiety, Panic and Phobias	Exposure Therapy for Phobias	Reid Wilson, PhD	2:57	215

- For example, the video ID number for *Accelerated Treatment for Anxiety: Core Concepts* is: 289.

Accelerated Treatment for Anxiety, Panic and Phobias	Accelerated Treatment for Anxiety: Core Concepts	Reid Wilson, PhD	1:41	289

Creating a Direct Link Using the Video ID Number

- Using your unique video library URL, type in the video ID number at the end of the address. For example:
https://www.psychotherapy.net/stream/university-of-shelley/video?vid=**289**

- Each institution has a unique Institution ID that is part of the direct link URL. It will always be located after the "/stream/" in the URL. For example:
https://www.psychotherapy.net/stream/**university-of-shelley**/video?vid=289

- If your institution is using a proxy server, the URL may look different. However, you can still create the Direct Link using the Video ID# after "video?vid=" in the URL.
For example:
http://0-www.psychotherapy.net.ezproxy.xxx.edu/stream/**InstitutionID**/video?vid=**289**

If you have any questions about your video library or need assistance, please contact your local Account Manager or email **sales@psychotherapy.net**.

psychotherapy.net